

ACTIVITY REPORT

**Awareness Session on health, mental wellbeing and waste
management for students of complex learning profiles in**

Imaadhudheen School (Male')

12th March 2023

1. INTRODUCTION

JICA ASM Exo for 2022/2023 has planned out several activities which is related to three main categories. These programs are in-line with JICA objectives. Ideas and implementation of these activities are mainly contributed by Exco members and aided by external professionals.

The awareness session on health and wellbeing and waste management for students of complex learning profiles studying in Imaadhudheen school was conducted by Dr. Fathimath Shara Shraeef, Mr. Ali Mishal and Mr. Mauman Abdul Rasheed in collaboration Immadhudheen school management on 12th March 2023.

The purpose of the awareness session was to raise students' awareness on issues related to the health and well-being of children on a daily basis, with an emphasis on how to manage their waste home

2. OBJECTIVE

- To increase awareness on how to cope with stress
- To increase awareness on how to cope with anger
- To increase awareness on staying healthy
- To increase awareness on managing waste a household level

3. TEAM

- Mauman Abdul Rasheed – Head of trainings
- Ali Mishal – JICA ASM member
- Ahmed Shain Haleem – Assistant General Secretary
- Dr. Fathimath Shara Shareef– JICA ASM member

4. ACITIVITY DETAILS

The awareness session on health and wellbeing and waste management for the students with complex learning profiles studying in Imaadhudheen school was conducted for 25 students. The activity was divided into 2 sessions of 30 minutes. First session was on health and well being and the second session was on waste management.

The activity was very cohesive where all the students participated in question-and-answer sessions. Afterwards activity gifts were provided to all students that participated in the session.



From the session and gift awarding ceremony



JICA RR Visit to Imaadhudheen School

5. Total number of Participants

A total of 25 students participated in the session from Imaadhudheen School.

6. OUTCOME

The main outcome of this activity was the social inclusion of students with complex learning profiles and aware them with current health and environmental issues in the society.

7. CONCLUSION

The awareness session on health and wellbeing, as well as waste management for students with complex learning profiles was a triumph for the 25 pupils at Imaadhuheen School. JICA ASM is also providing in-kind assistance to the children's ongoing activities, such as providing materials for the therapy wall.

JICA ASM has also resolved to continue its support for the students of complex learning profile at Imaadhudheen School through various JICA ASM activities.